CORNERSTONE MONTESSORI SCHOOL educating the whole child

Snack List

Each family is asked to bring snack for the classroom 2-3 times a year (per enrolled child). Please take this opportunity to do some comparative shopping and involve your child in the process of providing delicious and healthy nourishment for them and their friends. I myself have purchased many of these items at Aldi. Of course, even if it is not your designated week but would like to share a healthy treat, it is always welcome.

The snack list is below. In advance of your week, you will be emailed with the quantity of each item that is needed.

Dozen RAW eggs (preferably brown)
Box of graham crackers
Bananas
Large bag of grapes
Box of whole grain crackers
Container of strawberry or pineapple cream cheese
Bag of clementines
Bunch of fresh flowers (NO ROSES PLEASE)
Bricks of cheese
Oranges
Apples
Large container of yogurt
Gallon of whole milk